



who we are

Altrusa International, Inc. is an international association of business executives and professionals who volunteer their energies and expertise in projects dedicated to community betterment. As a community service organization, Altrusa espouses volunteerism and service, advocates for literacy, and helps combat HIV/AIDS.

who are you?

Are you someone who knows the joy that comes with making someone smile? Have you been wanting to serve your community more actively and meet new friends? Altrusa offers the perfect place to give and grow. We are actively inviting new members into our organization, and your energy, ideas and time are welcome; more than that, valued. Dive in!

together we can

There's a lot of good work to do. Work that changes lives, lifts up communities and makes a difference in ways large and small. That's the work Altrusans take on with relish! From core organization efforts to advance literacy, counter AIDS, and promote the environment to individual causes each club adopts, there are endless ways to be of service.

we're on the move



Our #1 goal:

Attract enthusiastic people with a passion for service. Bring them along into leadership through community, connection and fun. Multiply times a thousand.

It all starts here:

Altrusa International of the
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Meetings 2nd & 4th Thursdays
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Altrusa International of the Eastern Sierra

building stronger community through

- * service
- * leadership
- * fellowship

ALTRUSA

benefits

mentorship comes with membership

Unlike the volunteer work you may already be doing on your own or through your faith community, board commitments or professional affinities,



Altrusa International is designed to develop leadership. You'll discover a fantastic mentoring community of executives and professionals within your local club. People

who know who to call, where to focus and how to get things done. Tap into the wisdom of these dynamic leaders and role models. Develop new friendships and extend your social network. And watch yourself grow in knowledge, ability and confidence. Altrusa is about building stronger communities, yes. But also about building leaders within them.

give-receive. win-win.

Members in Altrusa are expected — and encouraged — to participate in volunteer projects and raise money for local charities. But you never have to do more than you are able. A funny thing happens though when you participate wholeheartedly: the more active you are within Altrusa and the community, the more you gain from your membership. Now that's what we call a win-win.



*"It is not enough to be good.
Altrusans must be good for something."*
— from the *Principles of Altrusa* by Mamie L. Bass

embracing the world

Altrusa is an international organization comprised of more than 10,000 members. Our clubs are located within districts in nearly every state, and indeed, throughout the world. That means we can network and exchange ideas with leaders as far flung as India, Russia, Central America, Puerto Rico, New Zealand, and the British Isles. In fact, Altrusa even sends representatives to the United Nations.

Yet while Altrusa is international in scope, we are local in focus, believing the best place to make a difference is in our own backyards. (After all, who knows a community better than those who live in it?) As a result, each local club is free to identify service opportunities, develop members, fundraise, and grow.

from eleanor roosevelt to you

The first Altrusa club was formed in 1917. It was a time when World War I patriotism was running high and the name 'Altrusa' was a coined combination of 'altruism' and 'USA.' Though originally conceived as a first-of-its-kind social club for businesswomen, its charter members quickly identified service to others as a key aim of the organization.

Over the course of our long history, Altrusa has attracted dynamic leaders from fascinating business backgrounds. Eleanor Roosevelt was an enthusiastic member of Altrusa in New York City and helped form a club in Albany by inviting prospects to the executive mansion when Franklin served as governor. Union leaders and novelists, educators and surgeons, a curator of Egyptology, a manager of an extensive sheep raising operation — all have found in Altrusa a home for their talents and interests.

A place to connect to others in business and professional work. And a chance to fulfill their desire to be of service to others. We invite you to continue in that tradition. You are the next remarkable person we look forward to welcoming.

